

Advanced Clinical Trainings:

Institute for Creative Mindfulness:

- Eye Movement Desensitization and Reprocessing Therapy (EMDR) – Level I & Level II

Behavioral Tech:

- Dialectical Behavioral Therapy Skills Training (DBT)

Beck Institute:

- Cognitive Behavioral Therapy (CBT) – for Anxiety

PESI:

- Certified Clinical Trauma Professional (CCTP) – Trauma Competency Conference
- Grief Treatment – Current Evidenced-Based Approaches to Care Across The Lifespan